Principal’s Report

School Council
All government schools in Victoria have a school council. They are legally formed bodies that are given powers to set the key directions of a school within centrally provided guidelines. In doing this, a school council is able to directly influence the quality of education that the school provides for its students.

Thank you to all parents and staff who nominated for positions on School Council for 2016.

Here is a list of members of our School Council for 2016. Thank you to Tiffany Thojaya for her dedicated hard work on School Council. Tiffany has decided not to run for council in 2016.

<table>
<thead>
<tr>
<th>Parent Representatives</th>
<th>DET Representatives</th>
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<tr>
<td>1 Rebecca Kate Gaiiewski</td>
<td>1 Michael Block</td>
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<td>2 Nadine Needham</td>
<td>2 Joanne Rich</td>
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<td>3 Trish Brumbaugh</td>
<td>3 Stuart Gilchrist</td>
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<td>4 Jenny McCulloch</td>
<td>4 Martene Matthews</td>
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<td>5 Simone Bonella</td>
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<td>6 Nicole Simpson</td>
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<td>7 Carmen Stratiotis</td>
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<td>8 Vera Roberts</td>
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Pupil Free Day - Thursday 17th March

Please note that we will be having a Pupil Free Day on Thursday 17th March when no child should attend school.

*Here are 7 ideas to help you make the most of your child’s best year ever at school.*

1. **Commit to your child going to school every day on time.** One of the most important things you can do to ensure your child has a bright future is to make sure he or she goes to school every day – and gets there on time. Kids spend more time asleep than at school, so we need to maximise every day to get full value.

2. **Help kids start each day well.** A good night’s sleep, a healthy breakfast and some words of encouragement from you will help set a positive tone for a day of learning. This may mean that you adjust your morning routine so that kids have plenty of time to get up, eat and get ready for the day.

3. **Establish work & study habits.** The most successful students are those that develop regular study habits that suit their lifestyle, their study style and their school’s expectations. Find out the work expectations from your child’s or young person’s school and help them establish a work routine that matches.

4. **Make sure your child gets enough sleep.** Many children and young people are sleep-deprived, which impacts on their wellbeing and their learning. A good night’s sleep consolidates learning, as well as assisting future learning. Children need between 10-12 hours of sleep each day, while teens need a minimum of nine hours. Help kids get sufficient sleep by having a regular bedtime and get-up time each day. Have a 45-minute wind-down time each night, and remove screens and mobile phones from bedrooms.

5. **Insist kids exercise.** The old saying about ‘a healthy body is a healthy mind’ is so true. Exercise releases the chemicals needed for learning and wellbeing. Yet kids today get less exercise than those of past generations, which is an impediment to learning and mental health. Health professionals recommend a minimum of 60 minutes of exercise per day for kids of all ages. Encourage your child to play sport; promote free and active play and look for ways to make moving part of their daily lives.
**Principals Report Cont.**

6. **Focus on being friendly.** Schools are very social places requiring kids to negotiate many different social situations each day. Yet we often only focus on academic learning. There are strong links between social success, and academic success and wellbeing. Encourage kids to be **open and tolerant;** to be **friendly;** to be **sensitive** to others; to be **involved** in plenty of activities and to be social **risk-takers.** These are all characteristics of socially successful kids. At the same time discourage anti-social behaviours such as over-competitiveness, self-centredness and lack of sharing.

7. **Develop self-help skills.** Successful students are often well organised, self-directed and self-motivated. Personal organisation seems to come more naturally to girls than boys, however both genders benefit from coaching in this important area. You can foster organisational skills and self-direction by developing simple, age-appropriate self-help skills related to their every day lives. Such skills as making lunches, packing school bags, and organising after school schedules can be great lessons that impact on how kids perform at school.

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**Parents, Teachers and Friends (PTF) News**

**Special Lunch**

Our next special lunch will be next Friday 18th March. The lunch will be a hot dog, a hot cross bun and a juice box. You may order all or part of the lunch, and we do offer a vegetarian hot dog if you wish. Order forms are coming home with tonight’s newsletter, extra forms are available at the office or on the school website. An order form must be completed for each child, please make sure the child’s name and class are clearly written on the form. All order forms and money must be secured in an envelope or bag marked “Special Lunch” and handed to class teachers or directly at the office. Orders must be handed in by 9am on Wednesday 16th March. We cannot accept late orders.

We will need helpers on the Wednesday morning from 9am in the KOOSH room to count orders and on the Friday from 12 noon in the Kid’s Kitchen to prepare the lunch. All welcome to come and lend a hand!

**Easter Raffle**

We are reminding all our families to donate items towards the raffle prizes for the PTF Easter Raffle. We welcome eggs, bunnies, baskets or any Easter related gift items. There are boxes in the classrooms for your child to place their donation into, or bring them directly up to the office. All families who donate will go into a special draw to win an Easter prize. Raffle tickets are coming home with tonight’s newsletter. Tickets are 50c each or $10 for a book of twenty. Please make sure you put your name and contact number on all the ticket stubs before returning them to school by Wednesday 23rd March. The raffle will be drawn during the Easter Bonnet parade on the morning of Thursday 24th March.

**School Banking**

Don’t forget our Commonwealth Bank **prize pack** to give away to someone this term. Anyone who **opens** a bank account and makes a deposit through school banking **during term one** will go into the draw to win. There are only two weeks left to be eligible! Pick up a Commonwealth Bank information pack from the school office, call into your local Commonwealth Bank branch or drop in and see us on a Tuesday morning in the KOOSH room.

**Second Hand Uniform Sale**

Our next sale will be **next term** on Thursday 21st April from 3.30pm. Sales will continue to be held the first Tuesday morning and the third Thursday afternoon of each month during school terms. Our most popular items are Kananook logo polo tops and bomber jackets, so if you have any spare ones and would like to sell them or donate them to the PTF please see Nicki in the yard or contact the school office.

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If you have any suggestions or questions, or would like to join our mailing list, please come along to our meetings, see the school office, send us an email at [ptf1@bps.vic.edu.au](mailto:ptf1@bps.vic.edu.au) or come and see us in the yard!

Trish Brumbaugh

President
Friendly Stars This Week:
Chloe, Lily, Jaycob, Taleasha and Jianah

Friendly Stars are children who have been observed in the playground helping others, playing happily and safely with their peers and voluntarily taking care of their school environment.

SPECIALIST CUP: 2/3 R

CSEF CLAIMS (Camps, Sports and Excursion Fund)
If you are a holder of a Centrelink Health Care Card (HCC) or Pensioner Concession Card you will be eligible to claim a CSEF payment of $125.00 per child which can be used towards camps, sports or excursion expenses for your child. Please note that these forms have to be submitted to school by 17th March. Forms can be collected from the Office or downloaded from the following website: www.education.vic.gov.au/csef.

IMMUNISATION
Under DEECD regulations, you need to submit a valid certificate of immunisation for your child with your enrolment details. If you have not already brought your immunisation certificate to the school please do so as soon as possible.

LIBRARY
Book Club is Due 16th March
ARE YOU UP FOR A

CHALLENGE?

HOW MANY NIGHTS CAN YOU READ?

KPS are having a whole school YEAR LONG

Reading challenge and it has now commenced!

PRIZES, CERTIFICATES, SURPRISES AND GIVEAWAYS FOR STUDENTS
WHO REACH READING MILESTONES!!!!!!

25, 50, 75, 100, 150, 200, 250, 300

AMAZING PROMOTION PRIZE!!!!!!!

THE FIRST 20 STUDENTS WHO reach 25 nights of reading will be TREATED to a special excursion with

Kananook
‘Sponsor of the Week’