thankful

Week 6, Term 2, 2020 Thankful Thursday 21st May

Please note that specific times for each activity have not been given. This is to enable children to settle into the activities at times that best suit the family. We do suggest you give your children a routine that is consistent each day, however routines will vary depending on households.

All video clips are pre recorded.



As per the guidelines of The Department of Education:

- The learning program delivered on-site will be the same as the learning program delivered to students undertaking remote learning.
- For students in Grades 3 to 6 schools will provide learning programs allocated as follows:
- Literacy: 45-60 minutes
- Numeracy: 30-45 minutes
- Physical activities: 30 minutes
- Additional curriculum areas: 90 minutes

Checklist	
<u>Activity</u>	<u>Tick</u>
Check in on SeeSaw and brain teaser	
Read to self	
Spelling Study	
Epic Books	
Writing Grid	
Maths - Post test on EA	
Theme - Individual Grid	
Thankful Thursday	
Reflection	



We are learning to use

The digraph /ai/

Why this matters: This matters because we need to be accurate when we write words.

What it looks like: I can write my words

Activity: Complete the Spelling study activity on <u>Seesaw</u>.





choose our own writing activity from the writing grid for May.

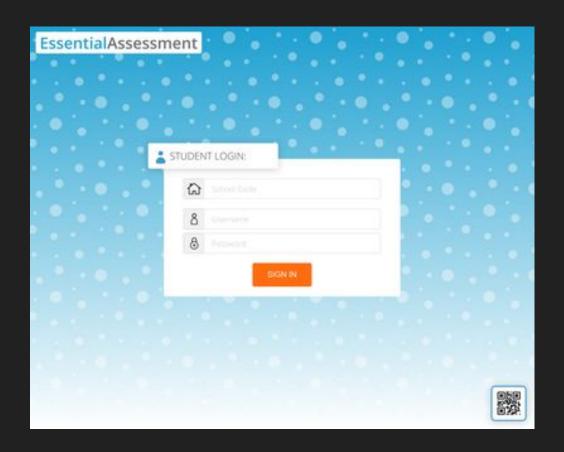
- Why this matters: Writing is an essential skill to communicate and should be practised regularly.
- What it looks like: Selecting an activity from May and uploading it to SeeSaw
- Activity: Your choice. Click on the link below to access the grid.
- https://www.kps.vic.edu.au/uploaded_files/media/writing_grid.p





calculate the difference between two or more numbers using different strategies.

- Why this matters: Because we use subtraction in our day to day lives and in many jobs.
- What it looks like: Using different strategies to solve subtraction problems.
- Activity: Log in to <u>Essential Assessment</u>

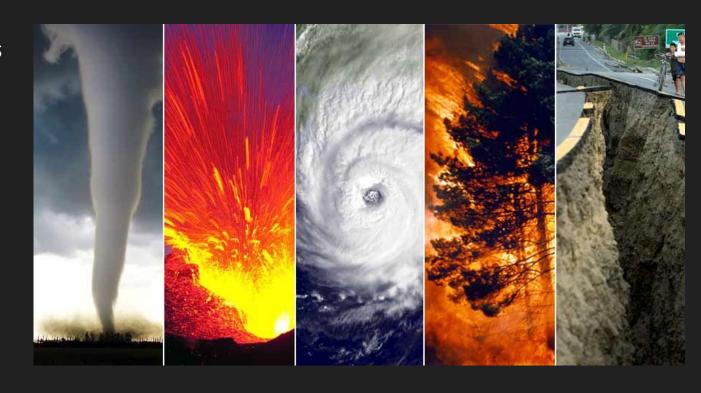




investigate natural disasters and extreme weather events

Why this matters: Because we need to understand how these events affect the Earth's surface.

- What it looks like: I will be able to use this information to complete Theme grid activities.
- Activity: Work an activity of your choice from the **Theme grid** or complete the handouts on Seesaw.





be thankful

- Why this matters: This matter because it decreases stress and has other important emotional health benefits.
- What it looks like: Identifying our what we are grateful for
- Activity: View and complete the Thankful Thursday activity on <u>Seesaw</u>.



FINDING
HAPPINESS
THROUGH
GRATITUDE
EMPATHY &
MINDFULNESS

HUGH VAN CUYLENBURG



At the end of each day do the following:

- 1. Make sure logged your read to self in your planner (Title of book read).
- Complete the Resilience Project question for the day.
- 3. Make sure you have posted all your work on SeeSaw.
- 4. Do some mindfulness for the day.
- Write down any questions you have for your teacher.

Mindfulness Suggestions...

- Colouring in
- Drawing
- Knitting/Crocheting
- Gardening
- Lego building
- Listen to music
- Yoga
- Listen to Smiling Minds
- Write a letter to a friend or family member

*If you think of some other mindfulness activities, let your teacher know and we can include it in our suggestion list!

