Week 3 Thursday 30th of April Term 2, 2020 34 S



Please note that specific times for each activity have not been given. This is to enable children to settle into the activities at times between 9:00 and 3:30 that best suit the family. We do suggest you give your children a routine that is consistent each day.

This may change moving forward as we move to some face to face time that will be scheduled.





For students in Grades 3 to 6, schools will provide learning programs allocated as follows:

- Literacy: 45 60 minutes
- Numeracy: 30 45 minutes
- Physical activities: 30 minutes
- Additional curriculum areas: 90 minutes

We will be providing you with detailed lessons in Reading, Writing and Math daily, which follow the learning requirements set by the Department of Education and Training. Other lessons will vary depending on the timetable. If you could aim to complete these lessons your child should still progress with their learning.

Checklist
Activity
Tick

Check in on SeeSaw

Reading

Spelling

Writing

Numeracy

P.E

Reflection

Teacher Availabiltiy Today



Online to assist

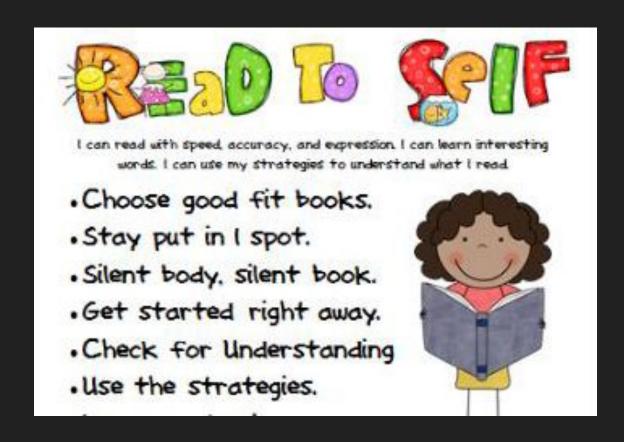
Teachers will be available to support you each day during school hours. Please understand that the response may not be immediate as staff may be recording a lesson, replying to another parent via email, providing feedback to a student etc. so the reply may not always be instantaneous but will be addressed when possible.

Seesaw will be the main method of communication between parents, teachers and students.



We are learning to: increase our stamina when we read to self.

What it looks like: I can stay in the one spot and focus on reading to myself for 15 minutes.



View your lesson on Seesaw

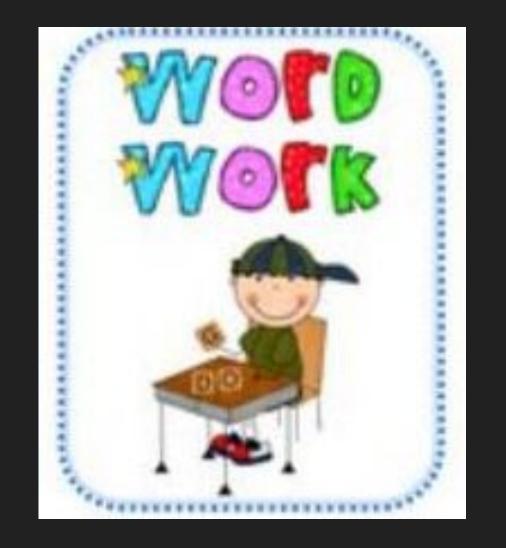


We are learning to: Spell words with the graph 'q' making the sound q as in coin.

What it looks like: I can join the dots to make

my spelling words.

View your lesson on Seesaw





We are learning to: Write rhetorical questions.

What it looks like: I can make a list of rhetorical questions and write a rhetorical question for the topic 'School should finish at 3pm.'

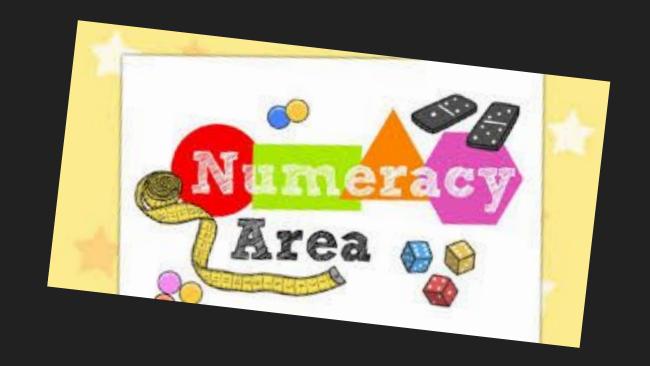
View your lesson on Seesaw





We are learning to: Interpret the data from a pie graph.

What it looks like: I can use information from a pie graph and record my answers to questions.



View your lesson on Seesaw



We are learning to: practice our throwing skills.

View your lesson on Seesaw





We encourage children aged 5-12 to get 60 minutes of Physical Activity (PA) every day. For more information click on the link below:

https://www1.health.gov.au/internet/main/publishing.nsf/content/F01F92328EDADA5BCA257BF0001E720D/\$File/brochure%20PA%20Guidelines A5 5-12yrs.PDF



Physical Activity Suggestions...

- Bike or Scooter Ride
- Jumping on the trampoline (if you have one)
- Walking or running
- Play with a pet if you have one
- Dance
- Complete P.E with Joe on Youtube
 https://www.youtube.com/results?search_query=joe+phy_sical+education
- Stretch or do yoga
 https://www.youtube.com/user/CosmicKidsYoga
- Kick, throw and catch a ball

*If you think of some other PA suggestions, let your teacher know and we can include it in our suggestion list!



? At the end of each day do the following:

- Make sure you have read to someone today so you can log it in your take home reading diary
- 2. Make sure you have posted all your work on SeeSaw.
- 3. Take some time for mindfulness today

Mindfulness Suggestions...

- Colouring in
- Drawing
- Knitting/Crocheting
- Gardening
- Lego building
- Listen to music
- Yoga
- Listen to Smiling Minds
- Write a letter to a friend or family member

*If you think of some other mindfulness activities, let your teacher know and we can include it in our suggestion list!

